



KURSPLAN

An Occupational Perspective of Health I, 7,5 högskolepoäng

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Kurskod:	HA1R22	Utbildningsnivå:	Avancerad nivå
Fastställd av:	Ordförande 2013-09-06	Utbildningsområde:	Vård
Reviderad av:	Avdelningschef 2017-08-15	Ämnesgrupp:	TR1
Gäller fr.o.m.:	2017-08-28	Fördjupning:	A1N
Version:	5	Huvudområde:	Arbetssterapi
Diarienummer:	2017/2936 (313) Department of Rehabilitation		

Lärandemål

Upon completion of the course, the student should have the;

Kunskap och förståelse

- to analyze theories related to the importance of occupations for health
- to analyze how environmental factors affect occupations and health
- to analyze how gender affects health and engagement in different occupations
- to analyze how individuals can take responsibility for their own and others' health through engagement in occupations.

Färdighet och förmåga

- to independently identify and formulate questions related to the importance of occupations for promotion and restoration of health
- to independently analyze and systematize own knowledge, theoretical starting points and relevant research findings about the importance of occupations for promotion and restoration of health
- to contribute with sound arguments and comments in discussions related to the importance of occupations for promotion and restoration of health
- to independently show clarity and logic in disposition and linguistic stringency in written documentation.

Värderingsförmåga och förhållningssätt

- to critically review and evaluate own achievements, and identify one's needs for further development with respect to scientific method and argumentation.

Innehåll

- occupational theories
- responsibility for health
- gender perspective
- environmental factors
- sustainable development

Undervisningsformer

The course is web-based with discussion and seminars through the web-based platform.

Undervisningen bedrivs på engelska.

Förkunskapskrav

Grundläggande behörighet samt avslutade kurser om minst 90 hp inom arbetsterapi inklusive ett avslutat examensarbete om minst 15 hp eller motsvarande.

Examination och betyg

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

Examination of the course consists of two written assignments, and critical reviews of a fellow student's assignment, as well as an individually written reflection assignment.

The course examiner is senior lecturer.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Examination	7,5 hp	A/B/C/D/E/FX/F

Övrigt

Attendance requirements

Mandatory attendance of course introduction and seminars using the online web-based platform. Microphone headset to be used in seminars online.

Kurslitteratur

Kjellström, S., & Ross, S.N. (2011). Older persons' reasoning about responsibility for health: variations and predictions. *The International Journal of Aging and Human Development* 73 (2):99-124.

Townsend, E.A., & Polatajko, H.J. (2013). *Enabling occupation II: Advancing an occupational therapy vision for health, well-being & justice through occupation*. Ottawa: Canadian Association of Occupational Therapists.

Wilcock A, A., & Hocking, C. (2015). *An occupational perspective of health*. Thorofare: Slack.

World Health Organization. (2010). *Social and gender inequalities in environment and health*. Geneva: WHO. Retrieved 2017-08-15 from http://www.euro.who.int/__data/assets/pdf_file/0010/76519/Parma_EH_Conf_pbi.pdf

Additional literature will be chosen in consultation with lecturer.

Latest edition of textbooks to be used.