



KURSPLAN

An Occupational Perspective of Health I, 7,5 högskolepoäng

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Kurskod:	HA1R22	Utbildningsnivå:	Avancerad nivå
Fastställd av:	Utbildningsrådet 2013-09-06	Utbildningsområde:	Vård
Reviderad av:	Utbildningsrådet 2018-05-09	Ämnesgrupp:	TR1
Gäller fr.o.m.:	2018-08-27	Fördjupning:	A1N
Version:	6	Huvudområde:	Arbetsterapi
Diarienummer:	Department of Rehabilitation		

Lärandemål

Upon completion of the course, the student should have the ability to:

Kunskap och förståelse

- analyse how environmental factors affect occupations and health
- analyse how gender affects health and engagement in different occupations
- analyse how human activity affect sustainable health locally as well as globally.

Färdighet och förmåga

- independently identify and formulate questions related to the importance of occupations for maintaining, promoting and restoring health
- independently analyse and systematise own knowledge, theoretical starting points and relevant research findings about the importance of occupations for maintaining, promoting and restoring health
- contribute with sound arguments and comments in discussions related to the importance of occupations for maintaining, promoting and restoring health
- independently show clarity and logic in disposition and linguistic stringency in written documentation.

Värderingsförmåga och förhållningssätt

- critically review and evaluate own achievements related to intended learning outcomes and formulate questions related to the importance of occupations for maintaining, promoting and restoring health.

Innehåll

- occupational theories
- gender perspective
- environmental factors
- sustainable health and sustainable development

Undervisningsformer

The course is web-based with discussion and seminars through the web-based platform.

Undervisningen bedrivs på engelska.

Förkunskapskrav

Grundläggande behörighet samt avslutade kurser om minst 90 hp inom arbetsterapi inklusive ett avslutat examensarbete om minst 15 hp eller motsvarande.

Examination och betyg

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

Examination of the course consists of participation in seminars, written assignments and critical reviews of a fellow student's assignment, as well as an individually written reflection assignment. The course examiner is senior university lecturer.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Examination	7,5 hp	A/B/C/D/E/FX/F

Övrigt

Attendance requirements

Mandatory attendance of course introduction and seminars using the online web-based platform. Microphone headset to be used in seminars online.

Kurslitteratur

Christiansen, C. & Townsend, E. (2013). Introduction to Occupation. Harlow: Pearson New International Edition.

Cole, M.B. & Creek, J. (Red.). (2016). Global perspectives in professional reasoning. Thorofare, N.J.: Slack.

Pollard, N. (Red.). (2008). A political practice of occupational therapy. Edinburgh: Churchill Livingstone.

Townsend, E.A., & Polatajko, H.J. (2013). Enabling occupation II: Advancing an occupational therapy vision for health, well-being & justice through occupation. Ottawa: Canadian Association of Occupational Therapists.

Wamala, S.P. (2011). Gender and Social Inequities in Health. A public health issue. Lund: Studentlitteratur.

Wilcock, A., & Hocking, C. (2015). An occupational perspective of health. Thorofare: Slack.

Whiteford G. E., & Hocking C. (2012). Occupational Science. Society, Inclusion, Participation. Maiden: Wiley-Blackwell.

World Federation Occupational Therapy. (2018). Sustainability Matters: Guiding Principles for

Sustainability in Occupational Therapy Practice, Education and Scholarship.

<http://www.wfot.org/ResourceCentre.aspx>

Additional literature will be chosen in consultation with lecturer.

The most recent editions of the course literature should be used.