



## KURSPLAN

# Gerontologisk och geriatrisk omvårdnad, 9 högskolepoäng

*Gerontological and Geriatric Nursing, 9 credits*

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<b>Kurskod:</b>	HGGN13	<b>Utbildningsnivå:</b>	Grundnivå
<b>Fastställd av:</b>	Utbildningsrådet 2022-09-29	<b>Utbildningsområde:</b>	Vård
<b>Gäller fr.o.m.:</b>	2023-01-23	<b>Ämnesgrupp:</b>	OM1
<b>Version:</b>	1	<b>Fördjupning:</b>	G2F
<b>Diarienummer:</b>	Avdelningen för omvårdnad	<b>Huvudområde:</b>	Omvårdnad

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### Lärandemål

Upon completion of the course students should have the ability to:

#### Kunskap och förståelse

- describe biological, psychological and social ageing
- describe and demonstrate an understanding of ageing and the individual from a lifespan perspective
- describe geriatric nursing where health is failing and for health promotion
- demonstrate an understanding of geriatric medical treatments and polypharmacy.

#### Färdighet och förmåga

- identify the need for, and provide, co-productive nursing that promotes the health and alleviates the suffering of elderly people and those close to the
- apply knowledge of biological, psychological and social ageing as well as of factors that promote healthy ageing
- under supervision and in accordance with applicable legislation, administer medicines and evaluate, report and keep records of the effects and side effects of medicines
- demonstrate such professional proficiency that no person's health or safety are prejudiced.

#### Värderingsförmåga och förhållningsätt

- demonstrate the ability to see the individual from a holistic and lifespan perspective with the aim of promoting health in the context of geriatric co-produced nursing
- reflect on how attitudes and values affect how the elderly are greeted and treated.

### Innehåll

- biological, psychological and social ageing
- common physical and mental health conditions (cognitive impairment included there in)
- gerontological and geriatric nursing
- comorbidity
- medical treatment
- polypharmacy
- documentation
  - quality register

- assessment instrument
- threats, violence and abuse in close relationships
- acts and other legislation

### Undervisningsformer

The course is implemented through lectures, seminars, study assignments, practical application at a clinical training center (CTC) and placements.

Undervisningen bedrivs på engelska.

### Förkunskapskrav

Grundläggande behörighet samt avslutade kurser inom sjuksköterskeprogrammets termin 1 och 2 eller motsvarande kunskaper. Vidare krävs genomgångna kurser i termin 3 inom sjuksköterskeprogrammet eller motsvarande kunskaper.

### Examination och betyg

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

Examination will be based upon written individual examination, seminars, practical application and clinical placements.

An offered placement for VFU is counted as a spent opportunity for this examination phase and is graded U/G regardless of the student's participation unless there are special reasons. Even an interrupted VFU is counted as a wasted opportunity unless there are special reasons. The number of examination opportunities for VFU is limited.

A university lecturer serves as examiner for the course.

In the event of a failing grade on the VFU, the student is directed to complete this VFU the next time the course is offered within the regular course offering.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Written individual examination	1,5 hp	A/B/C/D/E/FX/F
Seminars	1 hp	U/G
Practical application	0,5 hp	U/G
Clinical placement	6 hp	U/G

### Övrigt

Clinical Placement-integrated learning (VIL) provides 6,5 of the course's total of 9 credits.

### Temporary interruption of a course

The School of Health and Welfare may suspend a student's participation in clinical training or other practical activities during the course if a student demonstrates gross unfitness/ incompetence when applying skills. A student whose work-based training or other practical

activities have been canceled due to gross inadequacy/incompetence may not continue study before the course director or examiner has verified and approved that the student has the knowledge and skills required. In connection with a decision on suspension, the decision will specify the grounds on which the suspension is based. After the decision, an individual plan will be established for the student where knowledge and skills gaps are specified, the degree of support the student is entitled to, and the terms and date(s) for examination(s).

**Limitations on the number of occasions for placement**

Interruption of placement or other clinical/practical activities due to gross unfitness/incompetence when applying skills is considered a missed occasion. Students who have failed three placements in the same course must discontinue their studies in the program in question. A student who has been failed three times on their placement will be offered counselling with student counsellor.

**Kurslitteratur**

Redfern, S.J., & Ross, F.M. (2005). *Nursing older people*. Churchill Livingstone.

**Alternative**

Blomquist, K., Edberg, A-K., Ernsth Bravell, M., & Wijk, H. (Red.). (2017). *Omvårdnad och äldre*. Studentlitteratur.

The latest edition of the course literature shall be used.  
Scientific articles and other study materials will be added.