



KURSPLAN

Hälsa och hälsoproblem hos barn och familj, 4,5 högskolepoäng

Health and Health Problems in Children and Families, 4.5 credits

Kurskod:	HHHN13	Utbildningsnivå:	Grundnivå
Fastställd av:	Utbildningsrådet 2022-09-29	Utbildningsområde:	Vård
Reviderad av:	Avdelningschef 2023-04-11	Ämnesgrupp:	OM1
Gäller fr.o.m.:	2023-01-23	Fördjupning:	G2F
Version:	2	Huvudområde:	Omvårdnad

Lärandemål

Upon completion of the course students should have the ability to:

Kunskap och förståelse

- describe children's biopsychosocial development
- describe health and failing health in children and its impact on families
- identify signs that indicate that children are at risk of harm
- describe children's need of nursing when in failing health in relation to co-production nursing in children and families.

Färdighet och förmåga

- apply a caring approach and, with the aim of supporting and strengthening health and alleviating suffering by demonstrate communicative skills when talking with children and families.

Värderingsförmåga och förhållningssätt

- reflect on own values and approach as well as on care environments in meetings with children and families
- reflect on children's and families' prospects for health in a global perspective.

Innehåll

- children's development
- children's perspectives and children's rights
- family-centred nursing
- health, ill health, variations in ability and nursing problems in children and adolescents
- in connection with nursing and treatment, communicating with and preparing children
- pain in children
- global perspective of family health

Undervisningsformer

The course is implemented through lectures, seminars and study assignments.

Undervisningen bedrivs på engelska.

Förkunskapskrav

Grundläggande behörighet samt avslutade kurser inom sjuksköterskeprogrammets termin 1 och 2 eller motsvarande kunskaper. Vidare krävs genomgångna kurser i termin 3 inom sjuksköterskeprogrammet eller motsvarande kunskaper.

Examination och betyg

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

Examination will be based upon written individual examination, seminars and written assignments.

A university lecturer serves as examiner for the course.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Skriftlig individuell tentamen	2 hp	A/B/C/D/E/FX/F
Seminarier	1,5 hp	U/G
Inlämningsuppgifter	1 hp	U/G

Kurslitteratur

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. Sage.

Price, J., & McAlinden, O. (Ed.). (2018). *Essentials of Nursing Children and Young People*. Sage.

United Nations (1989). *Convention on the Rights of the Child*. Downloaded from <http://www.unicef.org>

The latest edition of the course literature shall be used. Scientific articles and other study materials will be added.