



## KURSPLAN

# Occupational Therapy, Preventive, Remedial and Compensatory Interventions, 22,5 högskolepoäng

*Occupational Therapy, Preventive, Remedial and Compensatory Interventions, 22.5 credits*

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<b>Kurskod:</b>	HOCN17	<b>Utbildningsnivå:</b>	Grundnivå
<b>Fastställd av:</b>	Utbildningsrådet 2016-05-30	<b>Utbildningsområde:</b>	Vård
<b>Gäller fr.o.m.:</b>	2017-01-23	<b>Ämnesgrupp:</b>	TR1
<b>Version:</b>	1	<b>Fördjupning:</b>	G2F
<b>Diarienummer:</b>	2016/2215 (313) Department of Rehabilitation	<b>Huvudområde:</b>	Arbetsterapi

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### Lärandemål

Upon completion of the course the student should have the

#### *Knowledge and understanding in order to*

- describe the occupational therapy models/approaches used for preventive, remedial and compensatory intervention used to improve the individual's occupational performance and participation in the areas of personal care, household, work and leisure activities
- describe interventions which are directed towards improving an individual's functional limitations
- describe interventions for accessibility in home and work environment
- describe ethical principles used in practice.

#### *Skills and ability in order to*

- formulate measurable long- and short term activity goals
- apply occupational therapy models/approaches/principles as a basis for preventive, remedial and compensatory measures that can be used to improve occupational performance and enable individuals to participate in the areas of personal care, household, work and leisure activities
- suggest and use good arguments for interventions directed towards improving the individual's functional limitations
- employ methods of data collection and suggest and use good arguments for interventions for accessibility in home and work environment
- develop moral reasoning on ethical dilemmas
- document occupational therapy interventions.

#### *Values and attitudes in order to*

- identify own need for development regarding knowledge and skills.

### Innehåll

- goal formulation
- occupational therapy models/approaches aimed to improve the individual's occupational performance and participation in activities
- intervention aimed to improve the individual's functional limitations
- interventions for accessibility in home and work environment
- ethical dilemmas
- clinical documentation

### Undervisningsformer

The course is implemented in the form of lectures, study groups, workshops and 3 weeks of clinical fieldwork.

Undervisningen bedrivs på engelska.

### Förkunskapskrav

General entry requirements and the student has passed 60 credits in the programme of occupational therapy and attended further 30 credits.

International students are required to demonstrate equivalent grades and knowledge..

### Examination och betyg

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

The course is examined in the form of an individual examination with oral, written and practical elements. The course is also be examined at through five seminars where one is based on an individual written assignment.

The course is examined by a university lecturer.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Examination	22,5 hp	A/B/C/D/E/FX/F

### Övrigt

#### Attendance regulations

Attendance is obligatory at seminars and clinical fieldworks.

#### Temporary interruption of a course

The School of Health and Welfare may suspend a student's participation in clinical training or other practical activities during the course if a student demonstrates gross unfitness/incompetence when applying skills. A student whose work-based training or other practical activities have been canceled due to gross inadequacy/incompetence may not continue study before the course director or examiner has verified and approved that the student has the knowledge and skills required. In connection with a decision on suspension, the decision will specify the grounds on which the suspension is based. After the decision an individual plan will be established for the student where knowledge and skills gaps are specified, the degree of support the student is entitled to, and the terms and date(s) for examination(s).

### **Kurslitteratur**

Dul, J., & Weerdmeester, B. (2008). *Ergonomics for beginners. A quick reference guide*. Second Edition. London: Taylor & Francis.

Finlay, L. (1997). *Groupwork in occupational therapy*. London: Chapman & Hall.

Finlay, L. (2004). *The practice of psychosocial occupational therapy*. Cheltenham: Nelson Thornes.

Fisher, A. (2009). *Occupational therapy intervention process model: A model for planning and implementing top-down, client-centered and occupation-based interventions*. Fort Collins, CO: Three Star Press.

Iwarsson, S., & Slaug, B. (2010). *Housing enabler –an Instrument for assessing and analysing accessibility problems in housing*. Lund: Vetem & Skapen HB.

Kielhofner, G. (2008). *A model of human occupation. theory and application*. Baltimore: Williams & Wilkins.

Kielhofner, G. (2009). *Conceptual foundations of occupational therapy*. Philadelphia: F.A. Davis Company.

Radomski, M.V., & Trombly, C.A. (2013). *Occupational therapy for physical dysfunction*. Philadelphia: Lippincott Williams & Wilkins.

Swedish Association of Occupational Therapists. (2011). *Code of ethics for occupational therapists*. FSA: Stockholm.

World Health Organization (2013). *International Classification of Functioning, Disability and Health (ICF)*. Geneva: Retrived from <http://www.who.int/eng>.

In addition to this, scientific articles, reports and various assessment instruments will be used throughout the course.

The most recent editions of the course literature should be used.

Scientific articles.

Additional literature in English is chosen in collaboration with the course leader.