



## KURSPLAN

# Psychology, basic course, 7,5 högskolepoäng

*Psychology, basic course, 7.5 credits*

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Kurskod:	HPBG19	Utbildningsnivå:	Grundnivå
Fastställd av:	Utbildningsrådet 2018-04-03	Utbildningsområde:	Vård
Reviderad av:	Utbildningsrådet 2024-04-09	Ämnesgrupp:	PS1
Gäller fr.o.m.:	2024-08-19	Fördjupning:	G1N
Version:	2	Huvudområde:	Psykologi

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### Lärandemål

Upon completion of the course the student should have the ability to:

#### Kunskap och förståelse

- describe human behaviour from a biopsychosocial perspective
- account for neurological structures of importance to human behaviour
- account for normal human psychological development and personality theories
- account for cognitive psychological theories and concepts
- account for social psychological theories and concepts
- account for the importance of motivation for human behaviour
- explain the relationships between psychological factors and health, illness and well-being
- account for crisis reactions and the importance of treatment for people in crisis.

#### Färdighet och förmåga

- apply knowledge of health psychology and crisis to situations within your profession.

### Innehåll

- neuropsychology
- personality psychology
- developmental psychology
- cognitive psychology
- social psychology
- health psychology
- perception psychology
- motivation psychology
- emotion psychology
- crisis psychology

### Undervisningsformer

The course is conducted through lectures, group discussions and seminars.

Undervisningen bedrivs på engelska.

**Förkunskapskrav**

General entry requirements.

**Examination och betyg**

Kursen bedöms med betygen A, B, C, D, E, FX eller F.

The examination will be based on one individual examination and written assignments.

University lecturer serves as the course examiner.

Poängregistrering av examinationen för kursen sker enligt följande system:

Examinationsmoment	Omfattning	Betyg
Individual written examination	5 hp	A/B/C/D/E/FX/F
Written assignments	2,5 hp	U/G

**Kurslitteratur**

Holt, N., Bremner, A., Sutherland, E., Vlieg, M., Passer, M., & Smith, R. (2024). *Psychology. The science of mind and behaviour*. McGraw-Hill.

Additionally, approximately 100 pages course literature will be added according to course coordinators' instructions.

Latest edition of the course literature shall be used.