



COURSE SYLLABUS

An Occupational Perspective of Health I, 7.5 credits

An Occupational Perspective of Health I, 7,5 högskolepoäng

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|----------------------|---|-----------------------------|----------------------|
| Course Code: | HA1R22 | Education Cycle: | Second-cycle level |
| Confirmed by: | Chairperson of the Educational Council Sep 6, 2013 | Disciplinary domain: | Health sciences |
| Revised by: | Department head Aug 15, 2017 | Subject group: | TR1 |
| Valid From: | Aug 28, 2017 | Specialised in: | A1N |
| Version: | 5 | Main field of study: | Occupational Therapy |
| Reg number: | 2017/2936 (313) Department of Rehabilitation | | |

Intended Learning Outcomes (ILO)

Upon completion of the course, the student should have the;

Knowledge and understanding

- to analyze theories related to the importance of occupations for health
- to analyze how environmental factors affect occupations and health
- to analyze how gender affects health and engagement in different occupations
- to analyze how individuals can take responsibility for their own and others' health through engagement in occupations.

Skills and abilities

- to independently identify and formulate questions related to the importance of occupations for promotion and restoration of health
- to independently analyze and systematize own knowledge, theoretical starting points and relevant research findings about the importance of occupations for promotion and restoration of health
- to contribute with sound arguments and comments in discussions related to the importance of occupations for promotion and restoration of health
- to independently show clarity and logic in disposition and linguistic stringency in written documentation.

Judgement and approach

- to critically review and evaluate own achievements, and identify one's needs for further development with respect to scientific method and argumentation.

Contents

- occupational theories
- responsibility for health
- gender perspective
- environmental factors
- sustainable development

Type of instruction

The course is web-based with discussion and seminars through the web-based platform.

The teaching is conducted in English.

Prerequisites

A Degree of Bachelor of Science in Occupational Therapy and at least 90 credits in Occupational Therapy.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination of the course consists of two written assignments, and critical reviews of a fellow student's assignment, as well as an individually written reflection assignment.

The course examiner is senior lecturer.

Registration of examination:

| Name of the Test | Value | Grading |
|------------------|-------------|----------------|
| Examination | 7.5 credits | A/B/C/D/E/FX/F |

Other information**Attendance requirements**

Mandatory attendance of course introduction and seminars using the online web-based platform. Microphone headset to be used in seminars online.

Course literature

Kjellström, S., & Ross, S.N. (2011). Older persons' reasoning about responsibility for health: variations and predictions. *The International Journal of Aging and Human Development* 73 (2):99-124.

Townsend, E.A., & Polatajko, H.J. (2013). *Enabling occupation II: Advancing an occupational therapy vision for health, well-being & justice through occupation*. Ottawa: Canadian Association of Occupational Therapists.

Wilcock A, A., & Hocking, C. (2015). *An occupational perspective of health*. Thorofare: Slack.

World Health Organization. (2010). *Social and gender inequalities in environment and health*. Geneva: WHO. Retrieved 2017-08-15 from http://www.euro.who.int/__data/assets/pdf_file/0010/76519/Parma_EH_Conf_pbi.pdf

Additional literature will be chosen in consultation with lecturer.

Latest edition of textbooks to be used.