



COURSE SYLLABUS

An Occupational Perspective of Health I, 7.5 credits

An Occupational Perspective of Health I, 7,5 högskolepoäng

Course Code: HA1R22	Education Cycle: Second-cycle level
Confirmed by: Utbildningsrådet Dec 5, 2011	Disciplinary domain: Health sciences
Revised by: Department head Jun 28, 2022	Subject group: TR1
Valid From: Autumn 2023	Specialised in: A1N
Version: 8	Main field of study: Occupational Therapy

Intended Learning Outcomes (ILO)

Upon completion of the course, the student should have the ability to:

Knowledge and understanding

- analyse how environmental factors affect occupations and health
- analyse how gender affects health and engagement in different occupations
- analyse how human activity affect sustainable health locally as well as globally.

Skills and abilities

- independently identify and formulate questions related to the importance of occupations for maintaining, promoting and restoring health
- independently analyse and systematise own knowledge, theoretical starting points and relevant research findings about the importance of occupations for maintaining, promoting and restoring health
- contribute with sound arguments and comments in discussions related to the importance of occupations for maintaining, promoting and restoring health
- independently show clarity and logic in disposition and linguistic stringency in written documentation.

Judgement and approach

- critically review and evaluate own achievements related to intended learning outcomes and formulate questions related to the importance of occupations for maintaining, promoting and restoring health.

Contents

- occupational theories
- gender perspective
- environmental factors
- sustainable health and sustainable development

Type of instruction

The course is web-based with discussion and seminars through the web-based platform.

The teaching is conducted in English.

Prerequisites

A Degree of Bachelor of Science in Occupational Therapy and at least 90 credits in Occupational Therapy.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination of the course consists of participation in seminars, written assignments and critical reviews of a fellow student's assignment, as well as an individually written reflection assignment. The course examiner is senior university lecturer.

Registration of examination:

Name of the Test	Value	Grading
Examination	7.5 credits	A/B/C/D/E/FX/F

Other information

Attendance requirements

Mandatory attendance of course introduction and seminars using the online web-based platform. Microphone headset to be used in seminars online.

Course literature

Christiansen, C. & Townsend, E. (2013). *Introduction to Occupation*. Pearson New International Edition.

Cole, M.B. & Creek, J. (Red.). (2016). *Global perspectives in professional reasoning*. Slack.

Heise, L., Greene, M. E., Opper, N., Stavropoulou, M., Harper, C., Nascimento, M., & Gupta, G. R. (2019). Gender inequality and restrictive gender norms: framing the challenges to health. *The Lancet*, 393(10189), 2440-2454.

Pollard, N. (Red.). (2008). *A political practice of occupational therapy*. Churchill Livingstone.

Swedish Secretariat for Gender Research. (2021). *Gender and Sustainability: An International Research Review (Kajsa Widegren & Jimmy Sand)*. http://www.gu.se/sites/default/files/2021-10/GENDERACTION_Research-Review-SDGs.pdf

Townsend, E.A., & Polatajko, H.J. (2013). *Enabling occupation II: Advancing an occupational therapy vision for health, well-being & justice through occupation*. Canadian Association of Occupational Therapists.

Weber, A. M., Cislighi, B., Meausoone, V., Abdalla, S., Mejía-Guevara, I., Loftus, P., & Gupta, G. R. (2019). Gender norms and health: insights from global survey data. *The Lancet*, 393(10189), 2455-2468.

Wilcock, A., & Hocking, C. (2015). *An occupational perspective of health*. Slack.

Whiteford G. E., & Hocking C. (2012). *Occupational Science. Society, Inclusion, Participation*. Maiden: Wiley-Blackwell.

World Federation Occupational Therapy. (2018). *Sustainability Matters: Guiding Principles for Sustainability in Occupational Therapy Practice, Education and Scholarship*.
<http://www.wfot.org/ResourceCentre.aspx>

Additional literature will be chosen in consultation with lecturer.

The most recent editions of the course literature should be used.