

## COURSE SYLLABUS

# Occupational Therapy, Theory I, 7.5 credits

*Occupational Therapy, Theory I, 7,5 högskolepoäng*

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<b>Course Code:</b>	HA1R26	<b>Education Cycle:</b>	Second-cycle level
<b>Confirmed by:</b>	Utbildningsrådet Feb 16, 2015	<b>Disciplinary domain:</b>	Health sciences
<b>Revised by:</b>	Department head Jan 7, 2016	<b>Subject group:</b>	TR1
<b>Valid From:</b>	Jan 25, 2016	<b>Specialised in:</b>	A1N
<b>Version:</b>	2	<b>Main field of study:</b>	Occupational Therapy
<b>Reg number:</b>	2016/88 (313) Department of Rehabilitation		

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## Intended Learning Outcomes (ILO)

Upon completion of the course the student will be able to:

### Knowledge and understanding

- describe theory construction
- thoroughly describe different theoretical arguments related to occupation
- thoroughly analyse and argue for the significance of occupations to individual human health.

### Skills and abilities

- identify similarities and differences between different strategies of theory construction and critically review different theoretical frames of reference within occupational therapy based on these strategies of theory construction
- analyse what consequences application of different strategies of theory construction has in practical work
- independently analyse individual occupational performance by different frames of reference within occupational therapy, and argue for their advantages and disadvantages
- independently identify similarities and differences between different theoretical arguments related to occupation
- argue for what consequences the application of different theoretical arguments related to activity has within different areas of occupational therapy operations
- demonstrate relevant nomenclature in relation to different theoretical arguments related to occupation and theory construction
- argue for own conclusions based on different theoretical arguments related to occupation
- show clarity and logic in disposition and linguistic stringency in written documentation.

### Judgement and approach

- critically review different theoretical arguments related to occupation and evaluate their usability within different areas of occupational therapy operations
- critically review and evaluate own achievements, and identify what he/she needs to develop with respect to scientific method and argumentation.

**Contents**

- theory construction
- theoretical frames of reference in occupational therapy
- action theory
- health theories

**Type of instruction**

The course is given as a web-based distance course and consists of online lectures and seminars.

The teaching is conducted in English.

**Prerequisites**

The applicant must hold the minimum of a Bachelor of Science in Occupational Therapy, 180 ECTS credits or equivalent from a recognised university.

**Examination and grades**

The course is graded A, B, C, D, E, FX or F.

Examination of the course objectives on knowledge and understanding, as well as skills and abilities, is based on three assignments in student pairs and three individual critical reviews of fellow students' assignments.

Examination of the course objectives in terms of judgment and approach is based on an individually written reflection report.

Examination of assistant professor.

Registration of examination:

Name of the Test	Value	Grading
Examination	7.5 credits	A/B/C/D/E/FX/F

**Course literature**

Björklund, A., & Svensson, T. (2000). Health, the body and occupational therapy. *Scandinavian Journal of Occupational Therapy*, 7, (1), 26-32.

Kielhofner, G. (2008). *A model of human occupation: Theory and application*. Baltimore: Williams & Wilkins.

Kielhofner, G. (2009). *Conceptual foundations of occupational therapy*. Philadelphia: F.A. Davis Company.

Nordenfelt, L. (1996). On the notion of health. *Scandinavian Journal of Occupational Therapy*, 3, 101- 105.

Nordenfelt, L. (2003). Action theory, disability and ICF. *Disability and Rehabilitation*, 25 (18), 1075- 1079.

Townsend, E.A. & Polatajko, H.J. (2013). *Enabling occupation II: Advancing an occupational therapy vision for health, well-being & justice through occupation*. Ottawa: Canadian Association of Occupational Therapists.

Walker, L., & Avant, K. (2004). *Strategies for theory construction in nursing*. New Jersey: Pearson Education Inc.

World Health Organisation (2002). *International classification of functioning, disability and health - ICF*. Geneva: World Health Organisation.

Latest edition of textbooks to be used.