



## COURSE SYLLABUS

# Occupational Therapy and Activity Limitations throughout Life, 9 credits

*Arbetsterapi och aktivitetsproblem genom hela livet, 9 högskolepoäng*

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<b>Course Code:</b> HAPN10	<b>Education Cycle:</b> First-cycle level
<b>Confirmed by:</b> Utbildningsrådet Apr 3, 2018	<b>Disciplinary domain:</b> Health sciences
<b>Revised by:</b> Department head Nov 20, 2020	<b>Subject group:</b> TR1
<b>Valid From:</b> Jan 25, 2021	<b>Specialised in:</b> G2F
<b>Version:</b> 3	<b>Main field of study:</b> Occupational Therapy
<b>Reg number:</b> Avdelningen för rehabilitering	

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### Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

#### Knowledge and understanding

- understand how occupational problems can vary throughout life with lasting functional disorders, disabilities and health conditions
- describe how environmental factors affect occupations and participation throughout life with lasting functional disorders, disabilities and health conditions
- identify the occupational therapist's role to enable occupations and participation throughout life for individuals with lasting functional disorders, disabilities and health conditions.

#### Skills and abilities

- select, apply and adapt the various steps in an occupational therapy process throughout life for individuals with lasting functional disorders, disabilities and health conditions
- apply occupational therapy models/approaches as a basis for prevention, improvement and compensatory assessment directed at the individual's occupations and participation in personal care, housing, work/school and leisure/play.

#### Judgement and approach

- evaluate and make decisions in ethical dilemmas
- reflect on his or her own, others' and society's attitudes in relation to individuals with lasting functional disorders, disabilities and health conditions throughout life.

### Contents

- occupational therapy processes
- ethics
- life-cycle perspective
- norm criticism
- lasting functional disorders, disabilities and health conditions

## Type of instruction

The course is implemented through study groups, lectures, workshops and seminars.

The teaching is conducted in English.

## Prerequisites

General entry requirements and completion of the course Occupational therapy in profession and research, 30 credits, and 30 credits from the courses Activity and development throughout life, 30 credits and Occupational Therapy for Activity Limitations in Disability and Disease, 30 credit (or the equivalent).

## Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon an individual written assignment. In addition, participation in seminars and implementation of reflection tasks are required.

A university lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Individual written assignment	7 credits	A/B/C/D/E/FX/F
Reflection assignments and seminars	2 credits	U/G

## Course literature

Erlandsson, L. E., Eklund, M., & Persson, D. (2011). Occupational value and relationships to meaning and health: Elaborations of the ValMO-model. *Scandinavian Journal of Occupational Therapy*, 18, 72–80.

Fischer, A.G., & Marterella, A. (2019). *Powerful Practice: A Model for Autentic Occupational Therapy*. CIOTS, Center for Innovative OT Solutions, INC.

Jeppsson Grassman, E. & Whitaker, A. (2013) *Ageing with Disability. A Lifecourse Perspective*. Policy Press.

Taylor, R. R. (2017). *Kielhofner's Model of Human Occupation: theory and application*. Wolters Kluwer Health.

Townsend, E.A. & Polatajko, H. J. (2013). *Enabling Occupation II: Advancing an Occupational Therapy Vision for Health, Well-being, & Justice through Occupation*. CAOT Publications ACE.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added.