



## COURSE SYLLABUS

# Health and Welfare in a Changing Society, 4.5 credits

*Hälsa och välfärd i ett föränderligt samhälle, 4,5 högskolepoäng*

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<b>Course Code:</b> HHFN13	<b>Education Cycle:</b> First-cycle level
<b>Confirmed by:</b> Utbildningsrådet Oct 11, 2022	<b>Disciplinary domain:</b> Health sciences
<b>Valid From:</b> Jan 23, 2023	<b>Subject group:</b> OM1
<b>Version:</b> 1	<b>Specialised in:</b> G2F
<b>Reg number:</b> Avdelningen för omvårdnad	<b>Main field of study:</b> Nursing

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### Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

#### Knowledge and understanding

- explain perspectives of health and determinants of health from individual, group, and societal perspectives at national and global levels
- explain basic concepts and definitions in health economics
- describe the impact of environment and lifestyle on health, from a life course perspective.

#### Skills and abilities

- argue how environmental resources, obstacles and risks impact human health
- apply theories and concepts relevant to health-promotion in nursing
- relate national goals of public health to global sustainable development goals
- apply basic epidemiological concepts.

#### Judgement and approach

- reflect on how individual and societal attitudes, values and approaches affect prospects for health.

### Contents

- Public health – goals, theories, concepts, and definitions
- Health concepts and perspectives of health
- Epidemiology
- Societal perspectives
- Health economics
- Determinants of health
- Intersectional perspectives of health
- Migration
- Violence in intimate relationships
- Global health

### Type of instruction

The course is implemented through lectures, seminars and study assignments.

The teaching is conducted in English.

### Prerequisites

General entry requirements and completed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, completed courses within semester 3 in the nursing programme or equivalent.

### Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and written assignments.

A university lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Written individual examination	2 credits	A/B/C/D/E/FX/F
Seminars	1 credit	U/G
Written assignments	1.5 credits	U/G

### Course literature

Woodall, J. & Cross, R. (2022). *Essentials of health promotion*. Sage.

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. Sage.

The latest edition of the course literature should be used.  
Scientific articles and other study materials will be added.