



COURSE SYLLABUS

Health and Health Problems in Children and Families, 4.5 credits

Hälsa och hälsoproblem hos barn och familj, 4,5 högskolepoäng

Course Code: HHHN13	Education Cycle: First-cycle level
Confirmed by: Utbildningsrådet Sep 29, 2022	Disciplinary domain: Health sciences
Revised by: Department head Apr 11, 2023	Subject group: OM1
Valid From: Jan 23, 2023	Specialised in: G2F
Version: 2	Main field of study: Nursing

Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

Knowledge and understanding

- describe children's biopsychosocial development
- describe health and failing health in children and its impact on families
- identify signs that indicate that children are at risk of harm
- describe children's need of nursing when in failing health in relation to co-production nursing in children and families.

Skills and abilities

- apply a caring approach and, with the aim of supporting and strengthening health and alleviating suffering by demonstrate communicative skills when talking with children and families.

Judgement and approach

- reflect on own values and approach as well as on care environments in meetings with children and families
- reflect on children's and families' prospects for health in a global perspective.

Contents

- children's development
- children's perspectives and children's rights
- family-centred nursing
- health, ill health, variations in ability and nursing problems in children and adolescents
- in connection with nursing and treatment, communicating with and preparing children
- pain in children
- global perspective of family health

Type of instruction

The course is implemented through lectures, seminars and study assignments.

The teaching is conducted in English.

Prerequisites

General entry requirements and completed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, completed courses within semester 3 in the nursing programme or equivalent.

Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and written assignments.

A university lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Individual written examination	2 credits	A/B/C/D/E/FX/F
Seminars	1.5 credits	U/G
Written assignments	1 credit	U/G

Course literature

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. Sage.

Price, J., & McAlinden, O. (Ed.). (2018). *Essentials of Nursing Children and Young People*. Sage.

United Nations (1989). *Convention on the Rights of the Child*. Downloaded from <http://www.unicef.org>

The latest edition of the course literature shall be used. Scientific articles and other study materials will be added.