



## COURSE SYLLABUS

# International Perspectives on Health and Welfare, 7.5 credits

*Internationellt perspektiv på hälsa och välfärd, 7,5 högskolepoäng*

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<b>Course Code:</b>	HIHK17	<b>Education Cycle:</b>	First-cycle level
<b>Confirmed by:</b>	Utbildningsrådet Sep 28, 2015	<b>Disciplinary domain:</b>	Health sciences
<b>Valid From:</b>	Jan 23, 2017	<b>Subject group:</b>	OM1
<b>Version:</b>	1	<b>Specialised in:</b>	G1F
<b>Reg number:</b>	2015/3654 (313) Department of Rehabilitation		

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## Intended Learning Outcomes (ILO)

Upon completion of the course the student should have the:

### Knowledge and understanding

- to identify and discuss cultural aspects related to health and welfare
- to identify and analyse the impact of common diseases/disabilities in diverse cultural contexts from different professional perspectives
- to describe the impact and complexity of social determinants of health in different countries
- to describe socio-economic factors and their influence on health
- to discuss different perspectives on health and welfare in community development.

### Skills and abilities

- to consider contextual factors and appropriate research methods when working in diverse contexts
- to explore local resources and strategies for promoting health care and welfare in diverse contexts
- to collaborate with different partners within health care and welfare systems.

### Judgement and approach

- to identify and value their own professional culture
- to understand the different cultural factors of health care interventions
- to develop a culture sensitive approach in health/social care and incorporate cultural competence.

## Contents

- assessing, identifying and critically reviewing published reports
- welfare factors, determinants and consequences of disability/disease
- diverse health and social perspectives and interventions
- strategies for promoting health in diverse contexts and facilitate community development
- social determinants of health and the relevance for different professions' perspective

- cultural competence and cultural sensitive health and welfare approaches

### Type of instruction

The course is conducted in the form of individual studies, lectures, group work and seminars.

The teaching is conducted in English.

### Prerequisites

The requirement for entry into this course are passing grades of 30 credits in any educational area.

### Examination and grades

The course is graded A, B, C, D, E, FX or F.

The examination will be based on an individual written literature review which will also be reported verbally and an individual written reflection.

A university lecturer serves as the course examiner.

Registration of examination:

Name of the Test	Value	Grading
Examination	7.5 credits	A/B/C/D/E/FX/F

### Other information

#### Attendance requirements

Attendance is compulsory at the course introduction, seminars and presentations.

#### Course literature

Leavitt, R. (2010). *Cultural competence. A lifelong journey to cultural proficiency*. Thorofare: Slack Incorporated.

United Nations. (2006). *Convention on the Rights of Persons with Disabilities*. [Available 2015-08-20]. <http://www.un.org>

Walley, J., & Wright, J. (2010). *Public Health an Action Guide to Improving Health*. Oxford: University press.

WHO. (2008). *Closing the gap in a generation: Health Equity through Action on the Social Determinants of Health*. [Available 2015-04-20]. <http://www.who.int>

WHO. *Community-based rehabilitation (CBR)*. [Available 2015-04-20]. <http://www.who.int>

WHO. *World health report*. [Available 2015-04-10]. <http://www.who.int>

Additional scientific articles related to individual written literature review.