



## COURSE SYLLABUS

# Palliative Nursing Care, 4.5 credits

*Palliativ omvårdnad, 4,5 högskolepoäng*

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<b>Course Code:</b> HPON13	<b>Education Cycle:</b> First-cycle level
<b>Confirmed by:</b> Utbildningsrådet Sep 29, 2022	<b>Disciplinary domain:</b> Health sciences
<b>Valid From:</b> Jan 23, 2023	<b>Subject group:</b> OM1
<b>Version:</b> 1	<b>Specialised in:</b> G2F
<b>Reg number:</b> Department of nursing	<b>Main field of study:</b> Nursing

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### Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

Knowledge and understanding

- give details of palliative nursing and the philosophy of palliative care
- give details of the care of adult patients and those close to them in the event of death
- demonstrate an understanding of existential, social and cultural dimensions of the grieving process.

Skills and abilities

- show ability to perform difficult conversations with adult patients and those close to them
- identify palliative nursing needs and plan the carrying out and evaluation of nursing.

Judgement and approach

- reflect, with a person-centered perspective, regarding adult patients and those close to them
- reflect on culture, ethics and human rights in co-produced, palliative nursing
- reflect on and analyze own thoughts at the approach of death and problems of separating own and others` needs in the nursing of adult dying patients.

### Contents

- palliative nursing
  - patient, close relative/friend and professional perspectives
  - symptoms and symptom alleviation
  - complementary treatment methods
- the philosophy and core values of palliative care
  - the grieving process
  - existential, spiritual and cultural dimensions
  - the difficult conversations (transition to palliative care included therein)
- care in the event of death
- acts and other legislation

### Type of instruction

The course is implemented through lectures, seminars, study assignments and practical application at a clinical training center (CTC).

The teaching is conducted in English.

### Prerequisites

General entry requirements and completed courses in the nursing programme within semesters 1 and 2 or equivalent, furthermore, completed courses within semester 3 in the nursing programme or equivalent.

### Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars and practical application.

A university senior lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Individual written examination	2.5 credits	A/B/C/D/E/FX/F
Seminars	1 credit	U/G
Practical application	1 credit	U/G

### Other information

Clinical Placement-integrated learning (VIL) provides 1 of the course's total of 4.5 credits.

### Course literature

Walshe, C., Preston, N., & Johnston, B. (Ed.). (2017). *Palliative care nursing: Principles and evidence for practice*. Open University Press.

The latest edition of the course literature shall be used.

Scientific articles and other study materials will be added.