



## COURSE SYLLABUS

# Psychiatric Nursing, 7.5 credits

*Psykiatrisk omvårdnad, 7,5 högskolepoäng*

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<b>Course Code:</b> HPSN10	<b>Education Cycle:</b> First-cycle level
<b>Confirmed by:</b> Utbildningsrådet Nov 27, 2018	<b>Disciplinary domain:</b> Health sciences
<b>Revised by:</b> Director of Education Jan 30, 2020	<b>Subject group:</b> OM1
<b>Valid From:</b> Feb 10, 2020	<b>Specialised in:</b> G2F
<b>Version:</b> 4	<b>Main field of study:</b> Nursing
<b>Reg number:</b> Avdelningen för omvårdnad/Department of Nursing	

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### Intended Learning Outcomes (ILO)

Upon completion of the course students should have the ability to:

#### Knowledge and understanding

- give details of pathophysiology, symptoms, diagnostics and treatment of common psychiatric health conditions
- in regard to failing mental health, give details of and explain medicines': mechanisms of action; effects; uses; and, side effects
- give details of nursing in cases of mental health problems.

#### Skills and abilities

- having regard to the perspectives of patients and those close to them, analyse and identify nursing needs in cases of mental health problems
- discuss and problematise the consequences of co-produced nursing in relation to mental health problems
- demonstrate such professional proficiency that no person's health or safety are prejudiced.

#### Judgement and approach

- reflect on and discuss how own approach and care environments affect meetings with patients and those close to them
- reflect on stigmatisation in connection with mental health problems
- identify and discuss ethical dilemmas that can arise in nursing in connection with mental health problems.

### Contents

- Psychopathology, treatment methods, pharmacology and care in:

- psychosis
- neuropsychiatric disorders
- anxiety and sleeping disorders
- suicide
- bipolar disorder

- depression
- dependency problems
- The recovery process for:
  - patients
  - those close to patients
  - care staff
  - society
- Stigmatisation
- The situation and roles of those close to patients
- Theories, models and concepts in psychiatric care

### Type of instruction

The course is implemented through lectures, seminars, study assignments, practical application at a clinical training centre (CTC) and clinical placements.

The teaching is conducted in English.

### Prerequisites

General entry requirements and successful completion of semester 1 courses (or equivalent knowledge). Semester 1 comprises: Nursing Science – Profession, Subject and Science, 15 credits; Human Physiology and Anatomy for Nurses, 7.5 credits; Applied physiology and anatomy in nursing, 3 credits; and, Psychology, Nursing 4.5 credits. Additionally, completion of semester 2 and 3 courses (or equivalent knowledge) is also required. Semester 2 comprises: Medical Microbiology, Hospital Infection Control and Immunology for Nurses, 7.5 credits; Person-centered Care, Caring Approach and Communication, 7.5 credits; and, Practical Fundamentals In Nursing and Safety, 15 credits. Semester 3 comprises: Nursing in Health Problems, 15 credits; and, Pathophysiology and Pharmacology for Nurses, 15 credits.

### Examination and grades

The course is graded A, B, C, D, E, FX or F.

Examination will be based upon written individual examination, seminars, written assignments, practical application exercises at CTCs and clinical placements.

A university senior lecturer serves as examiner for the course.

Registration of examination:

Name of the Test	Value	Grading
Individual written examination	2.5 credits	A/B/C/D/E/FX/F
Seminars	1 credit	U/G
Written assignments	0.5 credits	U/G
Practical application	0.5 credits	U/G
Clinical placement	3 credits	U/G

### Other information

Clinical Placement-integrated learning (VIL) provides 3,5 of the course's total of 7.5 credits.

### **Attendance**

#### **Temporary interruption of a course**

The School of Health and Welfare may suspend a student's participation in clinical training or other practical activities during the course if a student demonstrates gross unfitness/ incompetence when applying skills. A student whose work-based training or other practical activities have been canceled due to gross inadequacy/incompetence may not continue study before the course director or examiner has verified and approved that the student has the knowledge and skills required. In connection with a decision on suspension, the decision will specify the grounds on which the suspension is based. After the decision, an individual plan will be established for the student where knowledge and skills gaps are specified, the degree of support the student is entitled to, and the terms and date(s) for examination(s).

#### **Limitations on the number of occasions for placement**

Interruption of placement or other clinical/practical activities due to gross unfitness/ incompetence when applying skills is considered a missed occasion. Students who have failed three placements in the same course must discontinue their studies in the program in question. A student who has been failed three times on their placement will be offered counselling with student counsellor.

### **Course literature**

Nicholson, B., McKimm, J., & Allen, A.K. (Ed.). (2016). *Global Health*. London: Sage.

Varcarolis, E.M. (2017). *Essentials of Psychiatric Mental Health Nursing: A Communication Approach to Evidence-Based Care*. New York: Elsevier.

#### **Alternative to Varcarolis,**

Skärsäter, I. (Red.). (2014). *Omvårdnad vid psykisk ohälsa – på grundläggande nivå*. Lund: Studentlitteratur.

The latest edition of the course literature shall be used.  
Scientific articles and other study materials will be added.